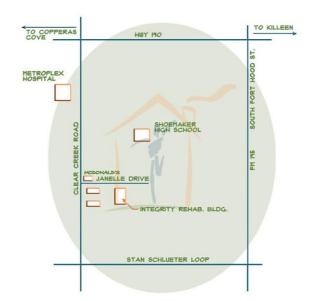


Why Choose Integrity?

Integrity combines all three therapy disciplines--physical, speech, and occupational therapy--in one state-of-the-art facility. The knowledge and expertise of a therapy staff of more than 20 caring professionals and a combined professional experience of more than 100 years is available to you in one practice. The depth and breadth of Integrity's expertise ensures that your therapy will be effective and comprehensive.







Integrity

Rehab & Home Health

Hours: 7 am - 7 pm Mon - Thurs; 7 am - 3 pm Fri

Phone: 254.699.3933 Fax: 254.526.8604 5302 Janelle Dr, Killeen, TX 76549 www.IntegrityRehab.net

Most insurances accepted, including Tricare, Medicare, Traditional Medicaid, and Scott & White Health Plan

Integrity Rehab & Home Health also provides therapy for children and Medicare-certified home health therapies for homebound patients.

Contact us for more information.





Rehab & Home Health



Physical Therapy

Life is motion. Keep moving forward.

Consider physical therapy at Integrity to restore maximum ability and function by improving the functioning of muscles, joints, & ligaments.

ORTHOPEDICS

Cervical & Lumbar Spine
Shoulder/Elbow/Wrist/Hand
Hip/Knee/Ankle/Foot
Jaw/Temporomandibular Joint & Facial Muscle Pain
Post Operative Rehab

PELVIC FLOOR REHAB

Incontinence • Constipation
Erectile Dysfunction • Sexual Pain
Bedwetting • Voiding Dysfunction

NEUROLOGY

Stroke Rehabilitation
Balance and Gait Disorders
Parkinson's Disease • Multiple Sclerosis

PAIN MANAGEMENT

Fibromyalgia • Back Pain Chronic Fatigue Syndrome Chronic Pain • Headaches

Treatment may include:

- Therapeutic exercise
- Manual therapy
- Instruction on utilization of adaptive equipment
- Transcutaneous electrical nerve stimulation (TENS)
- Ultrasound
- Superficial heat
- Cryotherapy
- Aid for relief of muscle and joint pain
- Education over patient condition & expectations for rehab
- Home Exercise Plan/Activity Modification

Benefits of Therapy

- Non-pharmacological solution
- You are in charge of your own healing. You can use the exercises and skills you've learned throughout your life.
- Maximize function
- Decrease pain

Speech Therapy

Speech therapy treats conditions that affect eating, swallowing, speech, cognition, and voice disturbances.

Conditions commonly treated include:

Stroke • Brain Injury • Parkinson's

Treatment may include:

- Treatment to improve cognition, language, and memory
- Retraining of speech patterns
- Exercises to strengthen the respiratory system and oral motor movements
- Improve oral motor strength, range of motion, stability, coordination
- Teaching patients with swallowing problems new techniques to swallow safely
- Parkinson's treatment using LOUD therapy
- DPNS and VitalStim certified
- Educating family and caregivers

Occupational Therapy

Occupational therapy focuses on maximizing function in everyday life through rehabilitation and teaching compensation skills.

Conditions commonly treated include:

- Golfer's / Tennis Elbow
- Carpal Tunnel Symptoms
- Ulnar Neuropathy
- Fracture Management
- Tendon Rehab and Repair
- Stroke
- Traumatic Brain Injury
- Severe Arthritis
- Pain Syndromes

Treatment may include:

- Hand therapy
- Custom splinting / orthotics
- Retraining and new skills teaching for patients who have lost function due to injury or illness
- Activities assessment and planning
- Recommending adaptive equipment and training
- Teaching compensation for losses of sensation & vision
- Specific rehabilitation to improve function and ameliorate pain

