



Friendly, effective care tailored to your needs

You will always receive individualized care using professional excellence with a personal touch.

Your home for comprehensive physical therapy programs

A customized program will be developed to fit your needs. You will receive the best rehabilitative care by our caring and professional therapists. Your needs will be assessed as well as the unique aspects of your condition so we can develop the rehabilitative program that fits your needs. We will be with you, side-by-side, giving you one-on-one care and encouragement every step of the way.

Relaxed atmosphere will always welcome you here

Physical Therapy - Back/neck treatments, headaches, orthopedic, neurological, fibromyalgia, cardiopulmonary rehab and more

Hand Therapy - We have the only private practicing hand therapist in the county!

Occupational Therapy - Stroke/CVA, Parkinsons, Multiple Sclerosis, RSD/CRPS, and arthritis care to achieve the independence in activities of daily living.

Massage Therapy - Compliment your rehabilitation treatment with massage therapy to help you get well faster.

Riverview
Physical Therapy And Hand Rehab
Friendly, Effective Physical and Hand Therapy Program
That Meets Your Needs

Riverview
Physical Therapy And Hand Rehab

**1702 Water St.
Port Huron, MI 48060**

Email
riverviewpt@comcast.net

Phone: 810-966-9102
Fax: 810-966-9104

Business Hours
Open Monday – Friday
Convenient Appointment Times
Early morning, lunchtime, and evening appointments available.
We work around your schedule!

**Licensed and Insured
Therapist-Owned**

Like us on Facebook:
facebook.com/RiverviewPTandHandTherapy

Our Mission Statement

The mission of Riverview Physical and Hand Therapy Practice is to help you reach the maximum potential for your physical needs and abilities.

Our purpose is to also assist you in getting out of pain and discomfort and well on the way to an improved quality of life. Finally, we wish to be known as the best physical and hand therapy practice in our community, which obtains excellent results with the most empathetic, friendly, and efficient staff in the community.



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and Hand Therapy Program
That Meets Your Needs**

810-966-9102
www.riverviewptandhandtherapy.com

Physical Therapy Services

Our manual therapy techniques (Myo Fascial Release, Muscle Energy, Mobilizations), exercises and patient education help you get back to the activities you enjoy and prevent further injuries from happening.

Specialized care for your individual needs:

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| Back / neck pain | Highly specialized spine program | Sports-related injuries |
| Sprains / strains | Post-fracture rehab | Trauma (motor vehicle accident, industrial injuries, amputee) |
| Stroke, Parkinsons, MS rehab | Fibromyalgia | Torticollis |
| Plantar Fasciitis | Cardiac and pulmonary rehab | Joint pains - Arthritis/prehab programs for total joint replacement |



Headache Program

Teaches self-management techniques through exercise, posture, positioning and ergonomic principles. Intervention also consists of therapeutic exercise and manual therapy techniques.

Balance / Fall Program

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| Balance training | Gait / walking assessment | Fall risk determination testing |
| Fall prevention strategies | Wheelchair evaluations and recommendations | |



**Now offering
Specialized treatment
program for Parkinsons
Disease and other neurological
disorders by the only certified
LSVT trained therapist in the
area using the LSVT BIG
modalities.**

Hand Therapy Services

Riverview Physical Therapy offers occupational therapy for the upper extremities including the shoulder, elbow, and hand. The goal of hand rehabilitation is to maximize the functional performance of the injured extremity. This enables the patient to return to independent working and living as soon as possible. You will be cared for by a licensed occupational therapist registered with the American Occupational Therapy Association and certified by the American Hand Therapy Certification Commission, who is also a member of the American Society of Hand Therapy and has earned NBCOT certification.



Comprehensive treatment for upper extremity dysfunctions

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| Custom splinting | Hand exercises | |
| Taping | Laser therapy and modalities | Adaptive equipment and joint protections |

All of your hand and upper extremity needs taken care of right here

- | | | |
|------------------------|---------------------------------------|--|
| Upper extremity trauma | Cumulative trauma disorder | Tendon transfer / injuries |
| Fractures | Arthritis | Burns |
| Tendinitis | Crush injuries | Carpal tunnel (pre and post operative) |
| Amputations | Nerve injuries | Dupuytren's Contracture |
| Compression neuropathy | CRPS (Chronic Regional Pain Syndrome) | |

Massage Therapy Services



Professional therapeutic and medical massage

At Riverview Physical Therapy, our massage therapists are trained in the art and skill of massage, relaxation, and rejuvenation. Massage therapy is the application of soft-tissue manipulation techniques to the body, generally intended to reduce discomfort, stress, and fatigue.

Benefits of massage therapy include:

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|-----------------------------|--|------------------------------------|
| Increased blood flow | Releases endorphins - your body's natural pain killers | |
| Increased joint flexibility | Enhanced immunity by stimulation of lymph flow | Reduction of cramping and swelling |

Our personalized care helps you get back to work and play faster.

Call 810-966-9102 for a convenient appointment or walk into 1702 Water St., Port Huron, Michigan.