

# Our Promise

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We pride ourselves on offering the most effective and efficient physical therapy treatments available. For anything from wrist strain at the keyboard to major surgery such as hip replacements, we have the skills and knowledge to maximize your recovery. Our motivation is to get you out of pain and back to action in work and play. You deserve the physical therapy and attentive care your body has been needing. Call us today to schedule a consultation.



555-555-5555  
[www.example.com](http://www.example.com)

YOUR LOGO

HERE

YOUR LOGO

HERE

555 Example Lane  
City State, Zip

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You and Your Body  
Deserve the Best

*Keep Moving!  
We'll Help.*

## Advantages:

- We work to empower patients to better their own conditions on their own terms. We train patients in home exercises, ergonomics, and other strategies they can use independently.
- We work to identify and correct the source of dysfunction, rather than covering it up or just focusing on the point of pain.
- We strive for faster pain relief that can also reduce reliance on pain medications.
- Physical therapy often reduces healthcare spending in the long run.

## We Help With:

- Orthopedic Rehabilitations
- Back, Neck, and Spine Pain
- Sports Injuries
- Work Injuries
- Heel Pain / Plantar Fasciitis
- Sprains and Strains
  - Ankle, Wrist, etc.
- Shoulder Pain
  - Bursitis, Impingement, and more
- Arthritis Pain
- Repetitive Stress Disorders and Tendinitis
  - Tennis Elbow, Golfer's Elbow
  - Carpal Tunnel Symptoms
- Knee Pain
  - ACL, Meniscus Tears, Patellofemoral Syndrome, etc.
- Nerve Pain
  - Sciatica, Radiculopathy, and more
- Post-Surgical Rehabilitation
- Pain Management
- Fall Prevention for Retirees
- Headaches

## Get Started:

Just give us a call. If you are not sure if physical therapy can help your condition, we'll be happy to hear a little over the phone and let you know if an in-person assessment is merited. We'll check your insurance for you if applicable and let you know if a doctor's order is required.

**Don't Stop Moving!**

**Call us today!**

**555-555-5555**

**www.example.com**

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