

# Three Top Reasons People End Up in Nursing Homes

1. Accidental Falls

2. Vision Problems

3. Caregiver Fatigue



These are not the only reasons someone might end up in a nursing home, but they are three important and preventable reasons. If you or someone you care about is having trouble walking, cleaning, getting dressed, bathing, or preparing meals, now is the time to learn about your home care options. Trained, professional home care aides from a well-reputed, professional agency can work for you, in your own home. They make living in your home, on your own terms, safer, healthier, and more pleasant.



## Know Your Options!

Call **(703) 273-8818** to receive our FREE homecare information packet or to receive a FREE in-home consultation. Call now.



Medical Pros On Call  
10875 Main St, Unit 112  
Fairfax, VA 22030

Trained, professional home care aides stand ready to help you live in your own home, on your own terms. Home care aides or nursing assistants help with activities such as cleaning, cooking, transportation, medication reminders, medical observation, and much more.

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packet.

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